

Track & Field Dual Meet Order of Events

Running Events Times are Approximate

Track Events				Field Events	
Event	Appx Time	Event	Gender/Level	Start Time	Events
1	2:45 PM	1600 Meters	Girls F/S	3:00 PM	Boys Varsity Shot Put
2		1600 Meters	Boys F/S		Boys F/S Shot Put
3	3:01 PM	4x 100 Relay	Girls F/S		Girls Varsity Shot Put
4		4x 100 Relay	Girls Varsity		Girls F/S Shot Put
5		4x 100 Relay	Boys F/S		3 throws for Prelims & Finals
6		4x 100 Relay	Boys Varsity		
7	3:21 PM	1600 Meters	Girls Varsity	3:00 PM	Boys Varsity Discus
8		1600 Meters	Boys Varsity		Boys F/S Discus
9	3:43 PM	100 Meter High Hurdles	Girls F/S		Girls Varsity Discus
10		100 Meter High Hurdles	Girls Varsity		Girls F/S Discus
11		110 Meter High Hurdles	Boys F/S		3 throws for Prelims & Finals
12		110 Meter High Hurdles	Boys Varsity		
13	4:03 PM	400 Meters	Girls F/S	3:00 PM	Girls F/S Pole Vault - SH 6' 6"
14		400 Meters	Girls Varsity		Girls Varsity Pole Vault - SH 7' 6"
15		400 Meters	Boys F/S		Boys F/S Pole Vault - SH 8' 0"
16		400 Meters	Boys Varsity		Boys Varsity Pole Vault - SH 9' 0"
17	4:15 PM	100 Meters	Girls F/S		
18		100 Meters	Girls Varsity	3:15 PM	Boys Varsity High Jump - SH 5' 2"
19		100 Meters	Boys F/S		Boys F/S High Jump - SH 4' 6"
20		100 Meters	Boys Varsity		Girls Varsity High Jump - SH 4' 4"
21	4:37 PM	800 Meters	Girls F/S		Girls F/S High Jump - SH 4' 0"
22		800 Meters	Girls Varsity		
23		800 Meters	Boys F/S	3:15 PM	Boys Varsity Long Jump
24		800 Meters	Boys Varsity		Boys F/S Long Jump
25	4:54 PM	300 Meter Low Hurdles	Girls F/S		4 jumps for Varsity/3 jumps for F/S
26		300 Meter Low Hurdles	Girls Varsity		
27		300 Meter Low Hurdles	Boys F/S	3:15 PM	Girls Varsity Long Jump
28		300 Meter Low Hurdles	Boys Varsity		Girls F/S Long Jump
29	5:14 PM	200 Meters	Girls F/S		4 jumps for Varsity/3 jumps for F/S
30		200 Meters	Girls Varsity		
31		200 Meters	Boys F/S	3:15 PM	Boys Varsity Triple Jump
32		200 Meters	Boys Varsity		Boys F/S Triple Jump
33	5:30 PM	3200 Meters	Girls F/S & Varsity		4 jumps for Varsity/3 jumps for F/S
34		3200 Meters	Boys F/S & Varsity		
35	6:00 PM	4x 400 Relay	Girls F/S	3:15 PM	Girls Varsity Triple Jump
36		4x 400 Relay	Girls Varsity		Girls F/S Triple Jump
37		4x 400 Relay	Boys F/S		4 jumps for Varsity/3 jumps for F/S
38		4x 400 Relay	Boys Varsity		Top Athletes move on to CIF